



Official Newsletter of Parramatta Computer Pals for Seniors Inc. ABN 88 730 177 997  
PO Box 3102, Parramatta NSW 2124  
(02) 8628 0947 Mobile: 0417 817 587  
Website: [www.parramattacps.org.au](http://www.parramattacps.org.au)

## Vol 14 No: 2, April 2020

### President's message.



It's been four weeks since Parramatta Computer Pals decided to suspend face to face activities such as classes and meetings. We have still been busy, though!

- Management Committee is meeting weekly on Wednesday afternoons via Zoom to stay on top of things, with a formal meeting via Zoom once a month
- Trainers and Assistant Trainers are meeting fortnightly on Monday afternoons to discuss what training and support we can offer members during the shut down

- We ran a member meeting via Facebook Live Video and another via Zoom, and will be running member meetings via Zoom fortnightly on Friday afternoons
- George is emailing a News Update with information about courses whenever we have something new to tell you
- Deb is publishing ParraChatta monthly with advice, stories and competitions to keep you entertained
- We ran a member survey to find out what you wanted to learn and how you wanted to learn it
- We are offering a variety of courses that you can access through a combination of email, YouTube and Zoom video meetings
- We have produced some Fact Sheets

- Our Creative Writing SIG, Digital Photography SIG and Apple Mac SIG are continuing to meet monthly.
- Several trainers have offered to provide one to one phone/video help through our “Virtual Help Desk” service, and we’ve already received several requests for help.

Congratulations to all our members who successfully downloaded and installed Zoom on your computer and/or mobile devices. Remember if you are still having difficulty that John Hain and I are both available to help talk you through the process and answer questions. If you don’t have a video camera and microphone on your desktop computer, you can still participate in Zoom meetings using the Zoom app on your phone or tablet.

And thank you to all our volunteer trainers and assistant trainers who have demonstrated their flexibility and adaptability by continuing to support our members in different ways.

Keep learning!

Deborah

## **CALENDAR FOR APRIL AND MAY**

**Monday, 27<sup>th</sup> April, 2 pm – Trainers & Assistant Trainers Meeting via Zoom**

**Wed, 29<sup>th</sup> April, 2 pm – (Special) Committee meeting via Zoom**

**Friday, 1<sup>st</sup> May, 2 pm – 1<sup>st</sup> May member meeting via Zoom**

**Wed, 6<sup>th</sup> May, 2 pm – (Special) Committee meeting via Zoom**

**Monday, 11<sup>th</sup> May, 2 pm – Trainers & Assistant Trainers Meeting via Zoom**

**Friday, 15<sup>th</sup> May, 2 pm – 2<sup>nd</sup> May member meeting via Zoom**

**Wed, 13<sup>th</sup> May, 2 pm – (Full) Committee meeting via Zoom**

**Wed, 20<sup>th</sup> May, 2 pm – (Special) Committee meeting via Zoom**

**Thurs, 21<sup>st</sup> May, 2 pm – Digital Photography via Zoom – all welcome**

**Monday, 25<sup>th</sup> May, 2 pm – Trainers & Assistant Trainers Meeting via Zoom**

**Thursday, 28<sup>th</sup> May, 2 pm – Creative Writing SIG via Zoom – all welcome**

## TRAINING AND SUPPORT

### Courses:

**YouTube** - started 6th April – Deb – 7 participants (notes plus Zoom meeting)

**Getting Started with Whats App** - started 7th April, but can be accessed at any time - please email Hazel [hazel44auburn@gmail.com](mailto:hazel44auburn@gmail.com) – 5 participants so far

**Streaming Entertainment on your TV**, can also be accessed at any time - please email Hazel on [hazel44auburn@gmail.com](mailto:hazel44auburn@gmail.com) .

**Banking, purchasing and buying online starting 20th April**, can also be accessed at any time - please email Deb on [pcpstrainerdebn@gmail.com](mailto:pcpstrainerdebn@gmail.com)

### Fact Sheets:

Introduction to Zoom (Deborah)  
Further Steps with WhatsApp (Hazel)  
Blocking unwanted emails on Gmail (Deborah)  
Computer Maintenance - Removing cache and cookies in Windows and Android (Deb)  
Computer Maintenance - Removing cache and cookies - Mac and iOS (Deb)  
Introduction to Pages on Apple Mac ( Deb)

### In the pipeline we have:

- Facebook – Saro Dainty
- Family History and DNA – John Moxon
- Windows 10 course completion – George
- Skype – Deborah and Bing
- Fact Sheet - Keyboard shortcuts for iOS Pages, Keynote and Numbers – Deb
- Facetime (Hazel)
- Sending a text message with your phone (Hazel)

## ONLINE LEARNING RESOURCES – FREE AND PAID

As we now have extra time at home, you might like to look at

### GCF Learn Free

[www.gcflearnfree.org](http://www.gcflearnfree.org) – has free courses on a wide range of topics, including technology.

**Udemy** – [www.udemy.com](http://www.udemy.com) – 100,000 video courses – you need to create a Udemy account, and pay for the courses you want to do, but courses are relatively cheap and some are free

**EdX** – [www.edx.org](http://www.edx.org) – founded by Harvard and MIT, offers access to online university-level courses from around the world

**FutureLearn** - [www.futurelearn.com](http://www.futurelearn.com)

- offers access to online university-level courses from around the world

**Khan Academy** –

[www.khanacademy.org](http://www.khanacademy.org) – not for profit, supported by donations, offers free primary and secondary-level courses

**Lynda** – [www.lynda.com](http://www.lynda.com) – now owned by LinkedIn – one month free trial and then \$39.99 per month gives access to all courses

**If you want to learn a specific technology**, like Zoom or Facebook or Gmail, it's also worth looking at the Help/Support pages within each application – many of them are **excellent**.

Also, if you are thinking of a technology course, remember that you can always access a “virtual help desk” for support (email [hazel44auburn@gmail.com](mailto:hazel44auburn@gmail.com) with a specific question).



## **Birthdays in April**

In the absence of our monthly meeting, it is a little harder to acknowledge the birthdays that are occurring in the club BUT one is of particular importance SO...



Many Happy Returns to Beryl Duff who turned 90 on Sunday 19th April 2020. During a birthday phone call, Beryl admitted that “*when the number starts with a nine, you have to say your old*”. then she laughed like she really didn't believe it.

Interestingly, Julie Williams shares a birthday with Beryl, but I am reliably informed that Julie isn't 90. Happy Birthday, Julie

Also on the birthday list this month is our Social Co-ordinator Dawne Zotz whose dog Toki is benefitting from extra long walks during “the hibernation”. These walks may be important as that cake was only shared between Dawne and Tom.

If you have an upcoming event, please email [pcpstrianerdebn@gmail.com](mailto:pcpstrianerdebn@gmail.com)

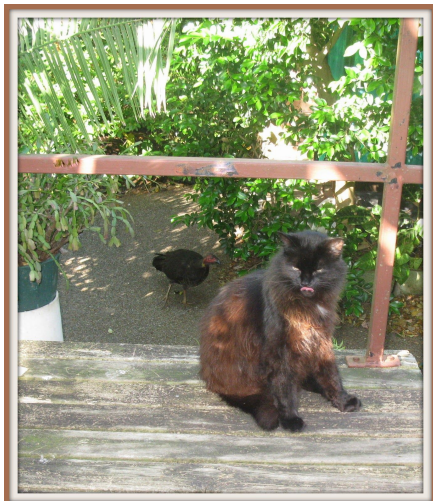


## Winners of the April Competitions

Photo: View from my window.



from Judy Joyce's lounge room.



From Irene Maier, the cat doesn't think the social distancing is sufficient.

Just a reminder that the photography special interest group is meeting monthly. Contact Deborah Martin for details.

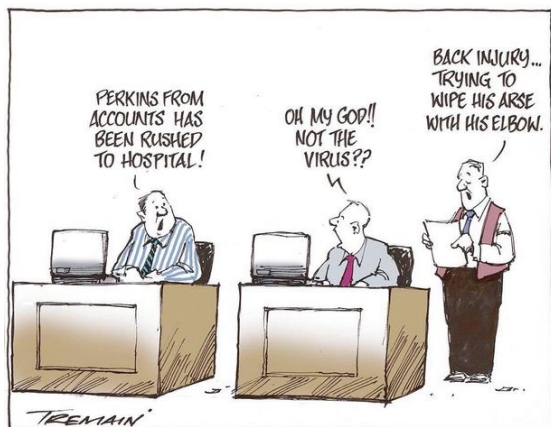
## Best COVID Joke

It's wonderful to see how Australian's are adhering to the social distancing rules. When I go shopping with my favourite bag people not only give me 1.5m but actually cross the road and run away! 😊



The PCPS Committee has remarkably variable senses of humour. However, after much consideration a winner has emerged. See Above. This joke was sent to PCPS by Bev Pieremont. Congratulations, Bev!

Others that were often chosen by the committee include;



These two offerings above came from Colleen Burns



and this gem from Sylvia Vega.

## COVID video

Dance with Sharon Strezlecki

[https://www.facebook.com/abcperth/videos/2687192574937268/UzpfSTE4MjE5MjM5MzE6Vks6MTAxNTY4MjQ5NDQ1MTcxMjE/?notif\\_id=1586407819099400&notif\\_t=group\\_r2j\\_approved](https://www.facebook.com/abcperth/videos/2687192574937268/UzpfSTE4MjE5MjM5MzE6Vks6MTAxNTY4MjQ5NDQ1MTcxMjE/?notif_id=1586407819099400&notif_t=group_r2j_approved)

Quarantine: the soundtrack

[https://www.facebook.com/mythoughtsaboutstuff/videos/700082074063440/UzpfSTEwMDAwNDA1MjY4NjU0MDpWSzoxMDE1NjgyMDQ2NTY2MjEyMQ/?notif\\_id=1586407819099400&notif\\_t=group\\_r2j\\_approved](https://www.facebook.com/mythoughtsaboutstuff/videos/700082074063440/UzpfSTEwMDAwNDA1MjY4NjU0MDpWSzoxMDE1NjgyMDQ2NTY2MjEyMQ/?notif_id=1586407819099400&notif_t=group_r2j_approved)

These were both sent in multiple members, so no individual congratulations.

### COVID Poem

I know that the competition didn't ask for poems but we received 4 by the closing day so here are the selections.

#### **The Third Strain of the NILE Virus is coming. (Cat C)**

I thought you would want to know about this virus.

Even the most advanced computer programs from Norton, McAfee, Eset - Nod 32 and others cannot take care of this one.

It appears to target those who were born prior to 1958.

#### **Virus Symptoms**

1. Causes you to send the same e-mail twice. (Done that)
2. Causes you to send a blank e-mail. (That too)
3. Causes you to send an e-mail to the wrong person. (Yup)
4. Causes you to send it back to the person who sent it to you. (Ah-ha)

5. Causes you to forget to attach the attachment. (Done that)

6. Causes you to hit SEND before you've finished. (Oh no, not again)

7. Causes you to hit DELETE instead of SEND. (Hate that)

8. Causes you to hit SEND when you should DELETE. (Heck, now what?)

***It's called the C-NILE virus!***

A lot of us have already been inflicted with this deadly disease and unfortunately as we age it gets worse.

This was also sent to us by Bev Pieremont who obviously has too much time to trawl the net.

#### **The only original poem sent in came from our member, Darryl Hoffman.**

You won't believe it but I'm 74

SO I can't go out the door

I'm thinking of you all

As I pace up and down the hall

I really miss her, I want to see her

But she says, "I'm afraid not, dear"

I can't help myself, I keep on insisting

She says, "No, we must practice social –

Distancing

"Surely a little kiss" I say, "won't harm us"



As I watch "House Rules" in my  
pyjamas  
So I'm feeling a little depressed  
I really did have other plans  
But I guess I'll spend the evening  
-  
washing my hands  
At least there's one thing in my  
favour  
I've got rolls and rolls of toilet  
paper.

### **May Competitions.**

You could have imagined May  
might be a boring isolated Month,  
but a few events you may never  
have heard of occur this month.

Including;

- World Naked Gardening Day (May 4) which is also Star Wars Day.
- International No Diet Day (May 6) followed by International Hummus Day (12), International Pizza Party Day (17) and National Hamburger Day (28) (USA only, part of Hamburger Month)
- World Bee Day (20), World Goth Day (22), World Turtle Day (23), Geek Pride Day (25) and World No Tobacco Day (31)
- Date your Mate Month

Who knew? This excludes better known political and religious events. SO...

### **Competition One - Photo of a "date your mate" event.**

Go all out, table settings, candles, great food, usual mate, dressed up with hair done etc. Make a real effort, while we are still allowed to meet in groups of 2.

### **Competition Two - Photo of a Bee, Goth, Turtle, Geek or person lacking tobacco**

Photos must be original and taken during May.

N.B. Absolutely no photos of World Naked Gardening Day will be accepted

### **Competition Three - Story/Poem/Written piece**

No more than 300 words using any of the days/months in the list above as a theme.

Original and written in May as for the photos.

**As usual**, the only prize is the glory of publication in the May newsletter. Winners will be decided by the Management Committee and NO discussion of results will be allowed.



## All entries to

[pcpstrainerdebn@gmail.com](mailto:pcpstrainerdebn@gmail.com) by  
May 23, please.

## Useful Website for Dissectologists

Julie Williams offers the following  
site from the NSW State Library.  
This site offers a number of  
jigsaw puzzles that are available  
free and easy to manipulate.

<https://www.sl.nsw.gov.au/collection-puzzles>

Anyone who knew that the  
collective name of jigsaw puzzle  
enthusiasts was dissectologists,  
should join the Benevolent  
Confraternity of Dissectologists  
immediately.

## AASCA news

Link to Health Dept. COVID -19  
information for older australians  
[https://www.health.gov.au/sites/default/files/documents/2020/03/coronavirus-covid-19-information-for-older-australians\\_3.pdf](https://www.health.gov.au/sites/default/files/documents/2020/03/coronavirus-covid-19-information-for-older-australians_3.pdf)

April Newsletter, including  
announcement of Photography  
Competition

[https://www.ascca.org.au/images/ascca\\_pdfs/newsletters/2020/20\\_No03\\_apr.pdf](https://www.ascca.org.au/images/ascca_pdfs/newsletters/2020/20_No03_apr.pdf)

## Beconnected News

Produce many topic sheets on tech.  
based issues. New topics for May  
include;

- iPhone - doing more,
- iPad - doing more,
- Android phones - doing more  
and
- Android tablets - doing more.

These are available at  
<https://beconnected.esafety.gov.au/topic-library/new> or just browse through  
all the available topic sheets

## Community Corner

Colleen Burns is collecting  
returnable bottles to help raise  
money for her grandson to buy and  
then learn guitar. If you have any  
lying around, please contact Colleen  
at [treasurercps@gmail.com](mailto:treasurercps@gmail.com)

## ParraPals Committee

President: Deborah Martin  
[dmmartin2006@gmail.com](mailto:dmmartin2006@gmail.com)

Vice president: Deb Neyle  
[pcpstrainerdebn@gmail.com](mailto:pcpstrainerdebn@gmail.com)

Secretary: Silvia Vega  
[parramattacps@gmail.com](mailto:parramattacps@gmail.com)

Treasurer: Colleen Burns  
[treasurercps@gmail.com](mailto:treasurercps@gmail.com)

Training Co-ordinator: Hazel Labka  
[hazel44auburn@gmail.com](mailto:hazel44auburn@gmail.com)

Others: John Hain, Richard  
McQueeney, George Simpson, Dawne  
Zotz.

Facebook editor: Margaret Tucker  
Moxon

Newsletter editor: Deb Neyle

Photographers: Judy Joyce, Dawne  
Zotz